

## REVIEW ARTICLE

# Standardizing Shade Matching with Technology-based Shade Matching Systems and Color Formulation

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## ABSTRACT

Precision in shade matching and color reproduction is vital for esthetic success of prostheses. Conventional shade matching technique is subjective and can provide inconsistent results. However, technology-based systems allow for standardization and repeatability in shade matching.

This study reviews technology-based shade matching systems and their role in standardized shade determination. It also discusses the concept of computer color matching (CCM) using Kubelka-Munk theory, which correlates the concentration of dyes or pigments in a colored layer to the reflectance properties of that layer. Computer color formulation has been used with success in various industries, such as printing and textile industries. This study considers its applicability in dentistry.

**Keywords:** Color measurement, Colorimeter, Computer color matching, Kubelka-Munk theory, Spectrophotometer.

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## INTRODUCTION

Color experience is in the eye of the beholder; it is an individual experience and not an inherent property of either the object or the eyes.<sup>1</sup> Accurate shade matching of a restoration/prosthesis is critical to the success and acceptance of the restoration.<sup>2</sup>

Conventionally, matching of tooth color to ceramic restorations is accomplished by empirical comparison with shade guides.<sup>3</sup> These comprise color tabs that are compared in succession with the designated tooth until the tab with the greatest chromatic similarity to the tooth is found. It is a subjective process.<sup>4</sup>

Instrumental color measurement can make the process of color matching faster and less subjective.<sup>2</sup>

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## TECHNOLOGY-BASED SHADE MATCHING SYSTEMS

### Development

The early 1980s saw the introduction of the Chromascan (Sterngold, Stamford, Connecticut), but due to its inadequate design and accuracy, success was limited.<sup>5</sup> Later, the Shofu ShadeEye chromameter and, subsequently, the Shofu natural color concept (NCC) system was developed by Yamamoto, in the late 1990s.<sup>6</sup> The late 1990s also saw the introduction of a prototype developed by Cortex Machina that employed a red, green, and blue (RGB) digital camera technology that inferred color properties.

The SpectroShade system (MHT Optic Research), a spectrophotometer, introduced in 2001, and the Shade-Vision system (X-Rite), a colorimeter, introduced in 2002 were the first shade matching systems with the capability to map the whole surface of the tooth.<sup>7</sup>

### Types

The three types of systems available include spectrophotometers, colorimeters, and digital camera and imaging systems.

#### *Spectrophotometers*

They are among the most accurate instruments for overall color matching in dentistry.<sup>8</sup> They measure the quantity of light energy reflected at 1 to 25 nm intervals, from an object, along the visible spectrum.<sup>9,10</sup> This data is used to produce spectral reflectance and/or transmission curves. These measurements are then keyed to dental shade guides and converted to shade tab equivalent,<sup>11</sup> e.g., Vita Easyshade Compact (Vita Zahnfabrik, Bad Sackingen, Germany).

#### *Colorimeters*

These instruments measure the tristimulus values. They filter light in RGB areas of the visible spectrum.<sup>12</sup> Colorimeters are less accurate than spectrophotometers as they do not register spectral reflectance. The aging of the filters also affects accuracy,<sup>13</sup> e.g., ShadeVision (X-Rite, Grandville, MI).

#### *Digital Cameras*

Consumer video or digital still cameras can be utilized to create color images by acquiring RGB image information.<sup>12</sup>

They analyze captured digital image for color and achromatic mapping. These are least accurate as they are reliant on quality of image captured,<sup>1</sup> e.g., ClearMatch (Smart Technology, Hood River, OR).

### SPOT MEASUREMENT DEVICES VS COMPLETE TOOTH MEASUREMENT SYSTEMS

Spot measurement devices measure a small area.<sup>14</sup> As a result, they cannot deliver all the information necessary to create an overall image. They have a smaller sensor and require more time to gather the necessary data. They generally require three points of reference, each for the gingival, body, and incisal areas of the tooth (a total of nine reference measurements), e.g., EasyShade, Shade X.

Complete tooth measurement systems measure the whole tooth surface area and provide a topographic color map of tooth. The main disadvantage is that it can be used for anterior teeth only as it is bulkier, and the large sized sensor has restricted access to the molar tooth area, e.g., ShadeVision, SpectroShade.

When Sarafianou et al<sup>15</sup> studied two intraoral spectrophotometers (EasyShade—a spot measurement device and SpectroShade—a complete tooth measurement system) for their matching repeatability and interdevice agreement, they concluded that different illuminants had a more pronounced effect on SpectroShade than on Easyshade and also the interdevice agreement was poor.

### PRECISION AND ACCURACY

Precision of a device is evaluated by testing the repeatability (same method, operator, or instrument) and reproducibility (different method, operator, and/or instrument) of the instrument.<sup>12</sup>

Kim-Pusateri et al<sup>16</sup> found a varying degree of reliability and accuracy with ShadeScan system, depending on the shade guide used. ShadeScan was most reliable with VITA Classical and least with Chromascop. However, it was most accurate with Chromascop and least with Vita 3D-Master shade guide.

Lagouvardos et al<sup>11</sup> also found on comparing two portable color selection devices (ShadeEye NCC and VITA EasyShade) for their repeatability and interdevice reliability that the lightness ( $L^*$ ) factor and shade guide system used with the device affect interdevice reliability.

Kim-Pusateri et al<sup>13</sup> found high reliability (>96%) between the four dental color matching devices they compared. However, the accuracy of the devices (67–93%) demonstrated marked variability. The EasyShade system was most accurate.

Dozic et al<sup>17</sup> compared the performance of EasyShade, ShadeScan, Ikam, IdentaColor II, and ShadeEye, both

*in vitro* and *in vivo*, and concluded that in clinical setting, the EasyShade and Ikam systems were the most reliable, whereas others were more reliable *in vitro* than *in vivo*.

### VISUAL VS INSTRUMENTAL METHODS OF SHADE MEASUREMENT

Several studies have found instrumental methods for determining tooth color to be more objective and rapid than visual methods.<sup>18</sup>

Paul et al<sup>8</sup> found that in 9 of 10 cases, crowns fabricated after shade selection using spectrophotometric methods were preferred over crowns fabricated after shade selection using conventional visual methods, for definitive cementation. In another study by Da Silva et al,<sup>19</sup> crowns fabricated using a spectrophotometer demonstrated better color match and a lower rate of rejection due to shade mismatch than those fabricated using conventional methods.

Fani et al<sup>20</sup> observed that spectrophotometer provided more accurate results than visual selection in approximately 47% of cases. Gehrke et al<sup>21</sup> also found in their study that spectrophotometric shade determination was more reproducible than conventional methods.

Browning et al<sup>22</sup> evaluated the efficiency of EasyShade and found it comparable or better, in terms of the number of exact matches and matches within a half-shade, than that of dentists.

Okubo et al<sup>23</sup> concluded from their study that shade determination by visual means was inconsistent. However, accuracy of the colorimeter (Colortron II) they tested was only slightly better.

Hugo et al,<sup>24</sup> on the contrary, found agreement among the observer groups better than that of each device they tested and that color matching instruments did not reflect human perception.

### LIMITATIONS OF TECHNOLOGY-BASED SHADE MATCHING SYSTEMS<sup>5</sup>

- Tooth surface: The surface of tooth affects perceived value of shade. Some systems use filters to adjust surface gloss of the tooth.
- Edge loss results due to light lost primarily through translucent tooth and ceramic enamel layers. Algorithms which are incorporated in the shade matching devices to accommodate for different light scattering properties of the shade tabs, dentition, and restorations do not fully compensate.
- Translucency mapping is inadequate.
- Positioning of probe is critical to repeatability.
- Small diameter probes cannot provide a detailed shade map.
- Access is limited with larger mouthpiece.

- Accuracy of the target shade to be measured is dependent on the database of reference shades in the shade matching system used. The reading will provide inaccurate results if the tooth to be matched is not close in the color space of a designated shade.
- The instruments are not sophisticated enough to formulate the actual color designation of any tooth color measured, by specifying the powders and layering required, or measure the translucency distribution.

### Computer Color Formulation

One of the challenges of modern dentistry is the color matching of restorative materials with natural teeth. Color in dental porcelain is generated by incorporating pigments and opacifiers in the material. When a color intermediate to two shades is desired, a common dental laboratory practice is to mix shades by weight or volume.<sup>25,26</sup> It would be useful to be able to predict the color of the resulting porcelain from the color of the pigments and opacifiers in it, and to analyze the color of the porcelain based on the amounts of pigments used. The Kubelka-Munk theory is applied in color matching by correlating reflectance data of porcelains to reflectance of the individual pigments.<sup>26</sup>

Computer color matching has been used in the paint, plastics, print, and textile industries, with success for several years. It utilizes a color measuring instrument and computer software to calculate a prescription for combining pigmented materials to reproduce the color of a given object. The Kubelka-Munk theory has been commonly used for predicting these color matches.<sup>27,28</sup>

Although tooth color is polychromatic,<sup>29</sup> studies have been undertaken with the goal of achieving enhanced color matching and color prediction, to apply the Kubelka-Munk color theory for accurate tooth color reproduction using dental restorative materials. Some of the first studies that applied the Kubelka-Munk theory for color prediction in dentistry, with success, were performed using layered composite specimens.<sup>30,31</sup>

A CCM software program that utilized the Kubelka-Munk theory<sup>27</sup> and Saunderson's correction<sup>32</sup> for tooth color reproduction of ceramic restorations, employing a dental spectrophotometer, was developed by Ishikawa-Nagai et al.<sup>33</sup> Kubelka-Munk theory calculated the amount and color of each porcelain layer of specified thickness. Accurate colors were reproduced using Shofu porcelains in metal/ceramic restorations with color difference  $[\Delta E] < 3$ .

Kristiansen et al<sup>28</sup> assessed the precision of a prototype CCM system for reproducing the tooth color of natural maxillary centrals with dental ceramics. The color of natural teeth was reproduced with a mean  $\Delta E^*$  of 2.58.

They concluded that the system had the potential to be used as an efficient tool in the reproduction of natural tooth color.

Ishikawa-Nagai et al<sup>34</sup> further evaluated the reproducibility of tooth color gradation using this CCM system with ceramic restorations. The results of the study showed that tooth color gradation from the incisal region to the precervical region could be reproduced with clinically acceptable results.

Ishikawa-Nagai et al<sup>35</sup> updated the CCM system by generating a new ceramic shade system that covered the entire spectrum of natural tooth color and had an efficient design with homogeneity to the Vita 3D-Master. Wang et al<sup>36</sup> tested this CCM system with the established 21 new shades and found that it was accurate and effective for reproducing tooth shades.

### CONCLUSION

The goal of technology-based color assessment and color formulation is to achieve accurate, reproducible results, which are minimally influenced by lighting conditions and surroundings, thereby making the shade selection process an objective science. However, color is inherently subjective and greatly influenced by cerebral interpretation as a result of which the clinician's skill in understanding the patient's requirements will always play a role.

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